

DETERMINATION OF CHEMICAL COMPOSITION AND CYTOTOXIC ACTIVITY OF SELECTED ESSENTIAL OILS FROM MACEDONIAN ORIGIN

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ABSTRACT

Determination of the chemical profile as well as cytotoxicity of the essential oils can be a very useful method for detecting substances that may provide particular health dangers to humans. GC/MS method was used for determination of the chemical composition of six essential oils. The most dominant compounds were linalool (33.73%) and linalool acetate (18.89%) in *Lavandulae*, *o*-cymene (38.60%) and thymol (35.06%) in *Thymi*, 1,8-cineol (27.42%) in *Rosmarini*, terpinen-4-ol (39.06%) and γ -terpinene (21.03%) in *Melaleucae*, α -pinene (26.49%) in *Helichrysi* and zonarene (13.28%), α -pinene (13.24%), viridiflorene (9.02%) and γ -cadinene (8.19%) in *Calendulae essential oil*. The cytotoxic potential was evaluated by Brine Shrimp Lethality Assay. After 24 hours, LC₅₀ values had decreasing rate in the following order: 58.09 μ g/mL, 57.95 μ g/mL, 43.02 μ g/mL, 19.38 μ g/mL and 13.85 μ g/mL, for *Lavandulae*, *Helichrysi*, *Melaleucae*, *Calendulae* and *Rosmarini essential oil*, respectively. There are no living shrimps in the 4th hour after application of *Thymi essential oil*, as the LC₅₀ value (0.75 μ g/mL) was exceedingly low in the first hour.

KEYWORDS: Essential oils, GC/MS, cytotoxicity, BSLA.

INTRODUCTION

Essential oils are natural, liposoluble and volatile compounds, composed of lipophilic and highly volatile secondary plant metabolites. The composition of essential oils is diverse, consisting of a wide range of chemical compounds. Some essential oils may contain up to 400 different components including various classes of compounds such as hydrocarbons (monoterpenes and sesquiterpenes) and oxygenated compounds (alcohols, esters, ethers, aldehydes, ketones, lactones, phenols and phenol ethers).^[1,2] This diverse array of chemical components contributes to multifaceted biological activity of essential oils which led to their growing usage in recent years.^[3] There are many

reports on the biological activity of the essential oils, commonly referred to synergism, antagonism, and additivity, as they represent complex mixtures of different constituents. The global focus on the use of natural products has pushed essential oils to become preferred antimicrobial and antioxidative agents in the place of the synthetic ones. The consumption of essential oils is increasing more and more in everyday life due to the fact that they are used as food additives and preservatives, as well as a part of the pharmaceutical industry, cosmetic and cleaning products, dentistry and aromatherapy and even for serious health issues, including chronic anxiety, pain and stress relief and skin disorders. Liposoluble substances like terpenes, which have demonstrated antibacterial and antioxidant properties, possess the ability to penetrate through the skin, more readily, due to its lipid composition. This facilitates enhanced bioavailability of the components, thereby improving absorption. Regarding this, it is necessary to reevaluate carefully the toxicity of these compounds in order to detect substances that may provide particular health dangers to humans. When assessing the possible toxicity of a test sample, such as plant extracts or physiologically active chemicals that have been extracted from plants, cytotoxicity studies are helpful in first step, as they contribute to the timely identification of hazardous effects on living cells.^[4] The brine shrimp lethality bioassay is an efficient, rapid and inexpensive test with small amount of test material being utilized and has proven to be an excellent choice for elementary toxicity investigations.^[5]

Numerous studies have converged on the consensus that the cytotoxicity observed in certain essentials is predominantly linked to the presence and the activity of their main components. According to this, the aim of this study was to examine qualitative and quantitative chemical composition as well as cytotoxicity of six different essential oils (*Lavandulae*, *Thymi*, *Rosmarini*, *Melaleuca*, *Helichrysi* and *Calendulae essential oil*), as there is no clear evidence for the cytotoxicity of these widely used essential oils.

MATERIALS AND METHODS

Plant materials: *Lavandulae*, *Rosmarini* and *Calendulae* essential oils were obtained by steam distillation from dried *Lavandulae flos*, *Calendulae flos* and *Rosmarini folium* supplied by Alkaloid AD Skopje.

Essential oil: *Thymi*, *Melaleuca* and *Helichrysi essential oil* were purchased in the markets in North Macedonia.

Chemicals: Dimethylsulfoxide was purchased from Sigma-Aldrich (Steinheim, Germany), sodium chloride from Merck (Darmstadt, Germany), anhydrous sodium sulfate from Kemica (Zagreb, Croatia), xylene from Alkaloid (Skopje, R. Macedonia) and potassium dichromate from Sigma-Aldrich (Steinheim, Germany).

Essential oil isolation: Essential oil isolation was made by steam distillation in a special all-glass Clevenger type apparatus, according to the European Pharmacopeia 11.0 (2.2.13).

Gas chromatography (GC) and gas chromatography/mass spectrometry (GC/MS): Essential oil samples were analyzed on an Agilent 7890A Gas Chromatography system equipped with FID detector and Agilent 5975C Mass Quadrupole detector, as well as capillary flow technology, which enables simultaneous analysis of the samples on both detectors. For that purpose, a HP-5ms capillary column (30 m x 0.25 mm, film thickness 0.25 μ m) was used. Operating conditions were as follows: oven temperature at 60°C (0 min), 3°C/min to 240°C (1 min) and 10°C /min to 280°C (1 min); helium as carrier gas at a flow rate of 1mL/min; injector temperature 220°C and FID 270°C. 1 μ L of each essential oil sample dissolved in hexane to obtain a 1 μ L/mL oil solution was injected at a split ratio 1:1. The mass

spectrometry conditions were: ionization voltage 70 eV, ion source temperature 230°C, transfer line temperature 280°C and mass range from 50-500 Da. The MS was operated in scan mode.

Identification of the components present in the essential oils was made by comparing mass spectra of components with those from NIST, Wiley and Adams mass spectra libraries and by literature Kovat's (retention) indices.^[6] The percentage ratio of essential oils components was computed by the normalization method of the GC/FID peak areas without any correction factors. Average values were taken into further consideration (n=3).

Brine shrimp lethality assay (BSLA)

The cytotoxic potential of the essential oils was evaluated by Brine Shrimp Lethality Assay *in vivo*^[7] based on the number of dead *Artemia salina nauplii* after 1, 2, 4, 6 and 24 hours of exposure to the essential oils. Each analysis contains 5ml of solution with the appropriate concentration of the essential oil and 10 shrimps. From the basic (stock) essential oil solution prepared sodium chloride as a solvent (initial concentration of 10 mg/mL), the rest of the tested essential oil samples were prepared in the following concentrations: 5, 3, 1, 0.5, 0.1 and 0.01 mg/mL. Sodium chloride was used as solvent during the preparation procedure. A positive control containing only K₂Cr₂O₇ and negative control containing only sodium chloride in the same concentration range were also prepared in parallel. The percentage of mortality for each essential oil concentration was calculated based on the number of the dead shrimps.

Final results were expressed as LC₅₀ values using probit regression analysis^[8], which represent the concentration of each essential oil needed to elicit mortality in 50% of the tested population of brine shrimps.

Based on the obtained LC₅₀ values, essential oils were classified according to two scales of toxicity: Meyer's scale and Clarkson's scale.^[7,9] Both scales classify essential oils as toxic if their LC₅₀ values were below 1000 µg/mL, while Clarkson's scale additionally categorizes them as oils with high (0-100 µg/mL), moderate (100-500 µg/mL) and low (500-1000 µg/mL) toxicity.

Brine shrimp larvae were successfully hatched in artificial seawater prepared with a sodium chloride (NaCl) solution at a concentration of 38 mg/mL and a pH level of 9. The controlled environment included constant aeration, and temperature regulation maintained within the range of 25°C to 28°C. After a continuous 48-hour exposure to light, the *Artemia* larvae underwent successful hatching, developing into instar stage 3. This specific stage is considered optimal for conducting the Brine Shrimp Lethality Assay (BSLA), making the larvae suitable for further experimental investigations.^[10,11]

RESULTS

Using GC/MS analysis, total of eighty-nine components were identified. Chemical composition of each essential oil is given in Table 1. The essential oil with the smallest spectrum of distinct components was *Thymi essential oil* (fifteen components), while the essential oil with the largest spectrum of different identified compounds was *Calendulae essential oil* (forty-five components). The total of eighteen, twenty, twenty-five and twenty-eight chemical compounds were identified in *Melaleucaea*, *Rosmarini*, *Lavandulae* and *Helichrysi* essential oils, respectively, which correspond to the 97.35%, 93.65%, 92.99%, 90.35%, 90.33%, and 90.15% of the identified *Lavandulae*, *Melaleucaea*, *Rosmarini*, *Calendulae*, *Helichrysi* and *Thymi* essential oil constituents, respectively. The most dominant components in *Lavandulae essential oil* were linalool (33.73%), linalool acetate (18.89%), bornyl acetate (7.28%), β-E-ocymene

(7.07%), terpinen-4-ol (6.00%), borneol (5.20%) and caryophyllene E (4.88%). Predominant components in *Thymi essential oil* were: *o*-cymene (38.60%), thymol (35.06%), while less dominant was α -pinene (6.03%). 1,8-cineol (27.42%) was the most abundant component in *Rosmarini essential oil* followed by camphor (15.35%) and α -pinene (14.49%). On the other hand, less dominant components in the same essential oil were: myrcene (5.49%) and camphene (4.99%). *Melaleucaea essential oil* had the highest percentage of terpinen-4-ol (39.06%) and γ -terpinene (21.03%), while Δ^3 -carene (9.89%) and *o*-cymene (4.76%) were the less dominant components. α -Pinene was the most dominant component (26.49%) in *Helichrysi essential oil* followed by neryl acetate (9.19%), *ar*-curcumene (7.99%), β -selinene (7.94%), γ -curcumene (7.22%) and α -selinene (4.95%). Although *Calendulaea essential oil* had large spectra of different compounds, the most dominant compounds were zonarene (13.28%), α -pinene (13.24%), viridiflorene (9.02%) and γ -cadinene (8.19%). Compound with lower percentage in this oil was cubeban-11-ol (5.04%). The most common identified component in all tested essential oils were α - and β -pinene, with value range from 0.24 to 26.49% and from 0.18 to 3.46%, respectively. These two monoterpenes were followed by γ -terpinene (0.17-21.03%) in all essential oils except in *Lavandulaea essential oil*. *o*-Cymene (0.21-38.60%) and *trans*-E-Caryophyllene (0.10-4.88%) were identified in four of the tested essential oils, but not in *Rosmarini* and *Calendulaea essential oil*, respectively.

According to the BSLA, the mortality of *Artemia* larvae was occurred after 6 hours of applying *Helichrysi* and *Calendulaea essential oil*, after 2 hours of applying *Lavandulaea* and *Rosmarini essential oil*, and even 1 hour of applying *Thymi* and *Malelaucaea essential oil*. The trend of mortality rate for the *Artemia nauplii* for each hour is demonstrated on Figure 1. LC₅₀ values for the examined oils, after 24 hours, had decreasing rate in the following order: 58.09 μ g/mL, 57.95 μ g/mL, 43.02 μ g/mL, 19.38 μ g/mL and 13.85 μ g/mL, for *Lavandulaea*, *Helichrysi*, *Melaleucaea*, *Calendulaea* and *Rosmarini essential oil*, respectively. As shown, *Thymi* essential oil showed highest mortality (100%) in each hour at its lowest concentration (0.01 mg/mL). Moreover, there are no living shrimps in the 4th hour after application of *Thymi essential oil*, as the LC₅₀ value (0.75 μ g/mL) is exceedingly low in the first hour, thus indicating that this oil is extremely toxic. Based on their estimated LC₅₀ values, essential oils were categorized using both Meyer's and Clarkson's toxicity scales. Therefore, after 24 hours of application, all analyzed essential oils were determined as cytotoxic (values below 1000 μ g/mL) according to the Meyer's scale or extremely cytotoxic (values form 0-100 μ g/mL), according to Clarkson's toxicity scales.

Table 1: GC/MS profile of examined essential oil.

No.	KIL	Component	Lavandulaea essential oil (%)	Thymi essential oil (%)	Rosmarini essential oil (%)	Melaleucaea essential oil (%)	Helichrysi essential oil (%)	Calendulaea essential oil (%)
1	921	Tricyclene	-	0.39	-	-	-	-
2	924	α -Thujene	0.11	-	-	0.22	-	-
3	932	α -Pinene	0.24	6.03	14.49	3.98	26.49	13.24
4	945	α -Fenchene	-	-	-	-	0.39	-
5	946	Camphene	0.26	2.24	4.99	-	-	-
6	961	Verbenene	-	-	-	-	-	0.58
7	969	Sabinene	-	-	-	0.17	-	0.35
8	974	β -Pinene	0.18	0.26	3.46	1.27	0.57	0.18
9	988	Myrcene	3.16	-	5.49	-	-	-
10	1008	Δ^3 -Carene	0.51	-	1.75	9.89	-	-
11	1014	α -Terpinene	-	-	0.62	-	-	-
12	1022	<i>o</i> -Cymene	0.24	38.60	-	4.76	0.50	0.21
13	1024	Limonene	0.63	-	2.68	2.43	3.77	-
14	1026	1,8-Cineole	-	1.40	27.42	-	0.87	-

15	1044	β -E-Ocymene	7.07	-	-	-	-	-
16	1054	γ -Terpinene	-	1.13	1.15	21.03	0.17	0.42
17	1086	α -Terpinolene	0.20	1.33	1.33	4.07	-	-
18	1095	Linalool	33.73	1.07	3.05	-	1.09	-
19	1124	Chrysanthenone	-	-	0.11	-	-	-
20	1128	allo-Ocymene	0.66	-	-	-	-	-
21	1135	trans-Pinocarveol	-	-	-	-	-	-
22	1141	Camphor	0.76	0.33	15.35	-	-	-
23	1158	iso-Menthone	-	-	-	-	-	1.03
24	1160	Pinocarvone	-	-	-	-	-	0.35
25	1165	Borneol	5.20	0.13	3.43	-	-	-
26	1167	Menthol	-	-	-	-	-	2.72
27	1174	Terpinene-4-ol	6.00	-	-	39.06	-	1.47
28	1183	Cryptone	0.44	-	-	-	-	-
29	1186	α -Terpineol	2.27	1.45	-	4.31	-	-
30	1199	γ -Terpineol	-	0.43	-	-	-	-
31	1204	Verbenone	-	-	3.24	-	-	0.45
32	1227	Nerol	-	-	-	-	0.64	-
33	1233	Pulegone	-	-	-	-	-	0.28
34	1239	Carvone	-	-	-	-	-	0.23
35	1254	Linalool acetate	18.89	-	-	-	-	-
36	1282	E-Anethole	-	-	-	-	-	0.54
37	1284	Bornyl acetate	7.28	-	1.66	-	-	0.15
38	1288	Lavandulyl acetate	1.08	-	-	-	-	-
39	1289	Thymol	-	35.06	-	-	-	-
40	1294	Methyl acetate	-	-	-	-	-	0.67
41	1298	Carvacrol	-	-	-	-	-	0.38
42	1345	α -Cubebene	-	-	-	-	-	0.34
43	1359	Neryl acetate	-	-	-	-	9.19	-
44	1374	α -Copaene	-	-	-	-	2.22	1.22
45	1379	Geranyl acetate	2.14	-	-	-	-	-
46	1387	β -Cubebene	-	-	-	-	-	0.59
47	1405	Italicene	-	-	-	-	3.13	-
48	1409	α -Gurjunene	-	-	-	0.22	-	-
49	1411	cis- α -Bergamotene	-	-	-	-	1.19	-
50	1417	trans-E-Caryophyllene	4.88	0.32	2.14	0.10	3.57	-
51	1431	β -Gurjunene	-	-	-	-	-	0.38
52	1432	trans- α -Bergamotene	-	-	-	-	4.02	-
53	1437	α -Guaiene	-	-	-	-	-	0.34
54	1439	Aromadendrene	-	-	-	0.31	-	-
55	1440	Z- β -Farnesene	-	-	0.08	-	-	-
56	1451	Muurola-3,5,-diene	-	-	-	-	-	0.44
57	1452	α -Humulene	-	-	0.34	-	1.62	-
58	1454	E- β -Farnesene	1.10	-	-	-	0.78	-
59	1458	allo-Aromadendrene	-	-	-	0.12	-	0.22
60	1469	β -Acoradiene	-	-	-	-	0.28	-
61	1478	γ -Muurolene	-	-	-	-	-	0.56
62	1479	ar-Curcumene	-	-	-	-	7.99	-
63	1481	γ -Curcumene	-	-	-	-	7.22	-
64	1484	Germacrene D	0.15	-	-	-	-	-
65	1489	β -Selinene	-	-	-	-	7.94	-
66	1487	E- β -Ionone	-	-	-	-	-	0.98
67	1493	trans-Muurola-4(14),5,-diene	-	-	-	-	-	1.55
68	1496	Viridiflorene	-	-	-	1.40	-	9.02
69	1498	α -Selinene	-	-	-	-	4.95	-
70	1500	α -Muurolene	-	-	-	-	-	2.51
71	1505	β -Bisabolene	-	-	-	-	0.13	-

72	1513	γ -Cadinene	0.18	-	-	-	0.40	8.19
73	1514	β -Curcumene	-	-	-	-	0.19	-
74	1522	δ -Cadinene	-	-	-	-	0.58	0.59
75	1528	Zonarene	-	-	-	0.10	0.27	13.28
76	1533	<i>trans</i> -Cadina-1,4-diene	-	-	-	-	-	0.40
77	1537	α -Cadinene	-	-	-	-	-	0.97
78	1544	α -Calacorene	-	-	-	-	0.17	0.78
79	1564	β -Calacorene	-	-	-	-	-	0.39
80	1567	Palustrol	-	-	-	-	-	0.35
81	1592	Viridiflorol	-	-	-	0.21	-	2.80
82	1595	Cubeban-11-ol	-	-	-	-	-	5.04
83	1602	Ledol	-	-	-	-	-	1.92
84	1618	1,10-di- <i>epi</i> -Cubenol	-	-	-	-	-	1.55
85	1627	1- <i>epi</i> -Cubenol	-	-	-	-	-	1.67
86	1638	<i>epi</i> - α -Cadinol	-	-	-	-	-	2.28
87	1644	α -Muurolol (Torreyol)	-	-	-	-	-	2.89
88	1652	α -Cadinol	-	-	-	-	-	5.86
89	1685	α -Bisabolol	-	-	0.24	-	-	-
		TOTAL	97.35	90.15	92.99	93.65	90.33	90.35

KIL - Kovat's (retention) index - literature data (24); (-) - not found; No. - ordinal number of the component according to its retention time

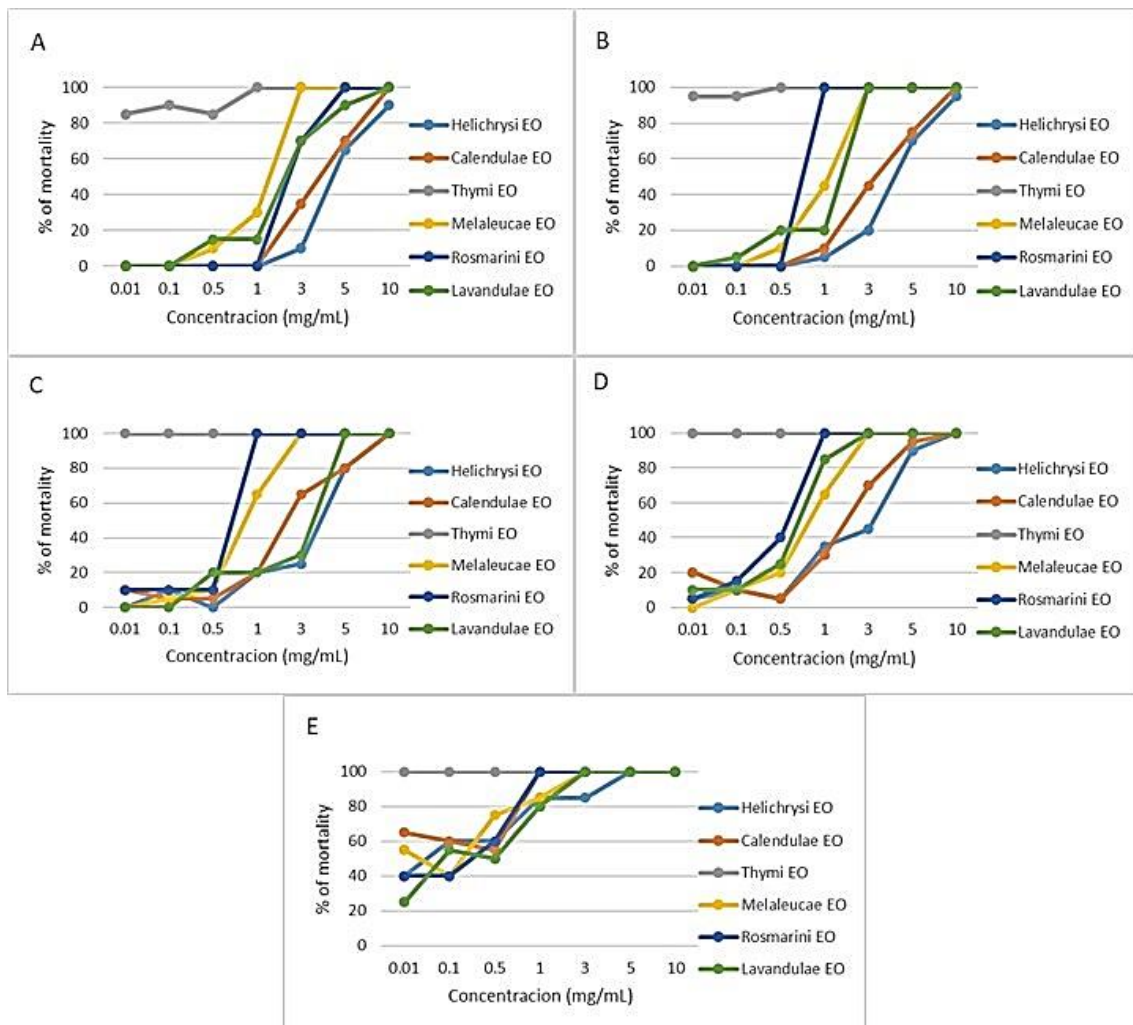


Figure 1: Mortality trend for *Artemia salina* against concentration for essential oil in A) 1 h, B) 2 h, C) 4 h, D) 6 h, E) 24 h.

DISCUSSION

The widespread use of essential oils requires an accurate understanding of the relationship between chemical composition of the essential oil and their cytotoxicity. Rigorous investigations, spanning various disciplines, consistently point towards a cause-and-effect relationship between the essential components and the observed cellular toxicity.

In this way, Alves et al.^[12], Bajracharya et al.^[4], and Niksic et al.^[13], have confirmed cytotoxicity of some essential oils using BLSA test. Alves et al.^[12], confirmed cytotoxicity of *Ocimum basilicum essential oil* with obtained LC₅₀ below 90 µg/mL, and declared that cytotoxicity may be in relationship with linalool as one of the main components. In this order, linalool cytotoxicity can be explained through different mechanism. As described by Kladniew et al.^[14], linalool has capacity to easily react with other molecules in HepG2 cells. On the other side, Chang et al.^[15], declared that linalool can have cytotoxic effects by inducing cells to undergo apoptosis, triggering cell death. According to these studies, the cytotoxicity of *Lavandulae essential oils* is probably due to the cytotoxic activity of linalool. Niksic et al.^[13], analyzed *Thymi essential oil* and accomplished LC₅₀ of 60.38 µg/mL, after 24h. This result is opposite from our findings as *Thymi essential oil* showed high toxicity with LC₅₀ of 0.75 µg/mL in the first hour. Furthermore, Niksic et al.^[13] identified thymol and *p*-cymene as the predominant components probably responsible for their cytotoxicity of the oil. The cytotoxicity of *Rosmarini essential oil* was confirmed by Bajracharya et al.^[4], using the same test with obtained LC₅₀ of 12.71 µg/mL, which is similar to our obtained LC₅₀ value (13.85 µg/mL) for the same essential oil. Furthermore, Miladi et al.^[16], confirmed cytotoxicity of *Rosmarini essential oil* using MTT on the human respiratory epithelial cell line (A549) and claimed that anticarcinogenic activity of rosemary is due to the major bioactive compounds such as 1,8-cineole, camphor, and α -pinene. The cytotoxicity of 1,8-cineole was also seen in this component's ability of suppressing cell proliferation and DNA fragmentation in Molt 4B and HL-60 leukemia cell lines. The researchers determined that the observed changes in leukemia cell lines were caused by this compound's specific apoptosis stimulation.^[1] The cytotoxicity of 1,8-cineole was additionally explained by Mobarakain et al.^[17], as 1,8-cineole, may function through common pathways and mediate its cytotoxic effects through targeting p53 and its acetylation in SF-9 cells.

Satooka et al.^[18], pointed out thymol toxicity at high doses on B16 melanoma cells and its primary mechanism appears to be related to oxidative stress. This oxidative stress-induced toxicity is a prominent factor in the adverse effects associated with thymol exposure. Interestingly, the cytotoxicity of thymol or thyme oil is not organism-specific; it manifests across various organisms, including bacteria as well as fungi. The cytotoxicity of thymol was also explained by Slamenova et al.^[1] Three different thyme extracts (*Thymus vulgaris*, *Thymus zygis* and *Thymus hyemalis*) were examined on THP-1 monocyte-derived human macrophages activated by oxidized LDL. The researchers discovered that thyme extracts significantly reduce proinflammatory mediator synthesis and gene expression, suggesting that these extracts may have anti-inflammatory capabilities. Moreover, the toxicity of thymol and carvacrol, against human laryngeal cancer cells was also confirmed as they decreased the viability and proliferation of Hep-2 cells in a dose-dependent manner.^[1] The cytotoxicity of *p*-cymene, as one of the most dominant components in *Thymi essential oil*, was also confirmed by Blahbib et al.^[19], on four human carcinoma cells: MCF-7, MDA-MB-453, SW-480 and IM9. According to the studies done on different cell lines that confirmed cytotoxicity of thymol, it may be considered that the cytotoxicity of *Thymi essential oil* is largely due to the presence of its main component thymol as well as *p*-cymene.

It is believed that the toxicity not only of *Rosmarini essential oil*, but also of *Helichrysi* and *Calendulae essential oil* may be due to their main component α -pinene. As described by Tukrez et al.^[20], α -pinene demonstrated a significant increase in LDH levels in cultured human blood cells in a time-dependent manner. LDH is an enzyme present in cells, and its concentration can serve as an indicator of cell necrosis. In instances of cell death, such as necrosis, the LDH enzyme is released into the extracellular space, including the serum and tissues. This release occurs due to the disintegration of cell membranes and subsequent leakage of cellular contents, including LDH. Moreover, as described by Santana et al.^[21], the cytotoxicity of α - and β -pinene may be due to the presence of double bond in their structure. The cytotoxicity of α -pinene, β -pinene, germacrene D and α -terpinol was also confirmed in Salihu et al.^[22] study, using MTT assay on different cancer cell lines: HeLa, CaCo-2 and MCF-7. The cytotoxic activity of β -caryophyllene may occur because of the apoptosis effect of this compound which was already reported by Najar et al.^[23] This compound's cytotoxicity is also confirmed with MTT method on 4 human cancer cell lines, breast (MCF7), melanoma (SKMEL-19), gastric (AGP01), colon (HCT116), and a non-malignant human lung fibroblast cell (MRC5).^[24] The cytotoxicity of essential oils can often result not only from one chemical component, but also by the collaborative actions of the other constituents present in the essential oil. According to Mennai et al.^[25], *Melaleuca essential oil* cytotoxicity may owe to the cytotoxic activities of *o*-cymene, terpinen-4-ol and γ -terpinene. As it is described in that study by Jie et al.^[26], the cytotoxic activity is mainly due to the presence of the mono and sesquiterpenes.

CONCLUSION

The essential oil seemed to be rich both in mono- and sesquiterpenes. As a source of bioactive compounds, the results demonstrated that essential oils have a cytotoxic effect. *Lavandulae essential oil* had showed the lowest cytotoxic activity with the LC₅₀ value 58.09 μ g/mL while the most cytotoxic essential oil was *Thymi essential oil* as the LC₅₀ value 0.75 μ g/mL was established in the first hour. This effect may result from the major compounds as α - and β -pinene, *p*-cymene, 1,8-cineole, α -terpineol, γ -terpinene, terpinen-4-ol, linalool, thymol, carvacrol and germacrene D, as well as from the synergistic effects of the complex mixture. This should be elucidated by future designed studies as the recognition of specific components as central players in inducing cytotoxicity opens avenues for targeted research and applications. In summary, both mono- and sesquiterpenes look promising for possible anticancer activity.

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