

## SURVEY OF DIVERSITY AND STATUS OF UNANI MEDICINAL PLANTS IN SALEM FOREST DIVISION, SALEM DISTRICT, TAMIL NADU

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*Article Received: 24 January 2026 | Article Revised: 14 February 2026 | Article Accepted: 6 March 2026*

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Regional Research Institute of Unani Medicine, No. 1, West Madha Church Road, Royapuram Chennai-13, M/o of AYUSH, Govt. of India, Tamil Nadu, India. DOI: <https://doi.org/10.5281/zenodo.19496493>

**How to cite this Article:** K. Venkatesan, R. Murugeswaran, Mohd Asif, Noor Zaheer Ahmed, Chandra Shekhar Sanwal (2026) SURVEY OF DIVERSITY AND STATUS OF UNANI MEDICINAL PLANTS IN SALEM FOREST DIVISION, SALEM DISTRICT, TAMIL NADU. World Journal of Pharmaceutical Science and Research, 5(4), 407-419.



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### ABSTRACT

The Unani system of medicine pioneered in Greece and was developed by Arabs in to an elaborate medical science based on the frame work of teaching of Buqrat (Hippocrates) and Jalinoos (Galen). The principal source of drugs in the Unani system of medicine are plant, animal and minerals. Historically plants have played an important role in medicine. Through observation and experimentation, human beings have learnt that plants play a vital role in promoting health and well-being. The present study deals to explore the biodiversity and status of the medicinal plants in the geologist's paradise, surrounded by hills and the landscape having geographical area of the 5, 20, 530 hectares. For the same an ethnobotanical survey was conducted in the Salem forest division, Salem District, Tamil Nadu, India from 27<sup>th</sup> January 2020 to 15<sup>th</sup> February 2020. Through this ethnobotanical survey programme 111 Unani medicinal plants species belonging to 51 families, 105 genera were collected, documented and analyzed for their diversity status. In which 58 common species, 22 rare species, 8 sporadic and 23 commonly cultivated species were collected. Additionally, on the basis of the life form, the study revealed that 43 tree, 33 herbs, 19 shrubs, 11 climbers, 2 creeping herb, 1 parasitic climber, 1 twiner and 1 straggler species were recorded during the study. This disclose the biodiversity of that area in relation to the rare and endangered plants.

**KEYWORDS:** Biodiversity, Salem District, Tamil Nadu, Unani medicinal plants.

## INTRODUCTION

The biodiversity is a part of our daily lives and livelihood. Every country has the responsibility to conserve, restore and sustainably use the biological diversity within its jurisdiction (Gwalwanshi *et al.*, 2014 and Ahmad *et al.* 2006). Biodiversity constitutes various resources upon which families, communities, and future generations depend for meeting their livelihoods. Human beings are very much associated with the plant kingdom for its survival from the very beginning of its appearance on this earth (Elizabeth & Dowdeswell, 1995). India is one of the mega biodiversity-rich nations in the world where the medicinal plants are part of our tradition and even being respected today. The main traditional systems of medicine in India include Ayurveda, Siddha, Unani, and Homeopathy. 75% of the medicinally important plant species in India grows in almost wild conditions (Laloo *et al.*, 2006; Kannan & Jeeva, 2008). The WHO defines traditional medicine as knowledge, skills and health practices, explored to maintain health, treat, diagnose, and prevent diseases (WHO, 2003).

Medicinal plants have been the subject of man's curiosity since time immemorial (Constable, 1990). Almost every civilization has a history of medicinal plant usage for treatment of deadly diseases and disorders (Ensminger *et al.*, 1983). Since time immemorial, ancient people mainly depend on herbal remedies for the treatment of diseases and disorders (Singh *et al.*, 2012). Approximately 80% of the people in the world's developing countries rely on traditional medicine for their primary health care, and about 85% of traditional medicine involves the use of plant extracts for the management of diseases (WHO, 2023). India has 2.4% of world's area with 8% of global biodiversity and it is one of the 12th mega diversity hotspot countries of the world with a rich diversity of biotic resources. India is endowed with rich wealth of medicinal plants which are widely used by all section of peoples either directly as folk remedies or different indigenous system of medicine or indirectly in the pharmaceutical preparations of modern medicines (Alagesa boopathy, 2011).

The Unani system of medicine is a traditional medical practice that originated in Greece but has been widely adopted and developed in the Islamic world, particularly in the Middle East, South Asia, and parts of Central Asia. The system is based on the teachings of ancient Greek physicians such as Hippocrates and Galen, but it was further refined by Arabic and Persian scholars such as Ibn Sina (Avicenna), Al-Razi, and Al-Biruni. The World Health Organization (WHO) has recognized the Unani system of Medicine as an alternative system to cater the health care needs of human population. The principal source of drugs in the Unani system of medicine are plant origin, animal origin and mineral origin. Crude drugs when used alone is as called Ilaj bil Mufrrad (treatment by single drug), when two or more than two drugs are combined together it is called Ilaj bil Murakkabat (treatment by compound drugs). Various drug formulations are used in the Unani system medicine for different ailments (Husain *et al.*, 2010). The Central Council for Research in Unani Medicine, New Delhi is continuously involved in ethno-botanical surveys through survey and cultivation of medicinal plants programme by its different Regional Institutes throughout India particularly tribal dominated areas of Andhra Pradesh, Tamil Nadu, Jammu & Kashmir, Karnataka and Utter Pradesh. Accordingly, the Kalvarayan and Shervorayan hills of Salem forest division, Salem district, Tamil Nadu was surveyed to study the diversity, status of Unani medicinal plants and to collect herbarium specimens and raw drugs for the clinical and drug standardization research activities in the different institutes of the council.

The Ethnobotanical survey was conducted in six different ranges *viz.*, Vazhapady Range, Thambampatty range, Kalrayan range, Attur range, Yercaud range and Shervarayan North range of Salem district Tamil Nadu. During the

ethnobotanical survey programme, the survey team has surveyed about twenty forest areas to assess, document and enumerate information of the Unani medicinal plants wisdom of Salem forest division.

### **Present knowledge on Diversity of medicinal plants**

Lots of biodiversity studies has already been done in Western and eastern Ghats, of the southern region. This region has a wide variety of plant species, including tropical rainforests, montane forests, grasslands, and temperate forest. The richness of floristic diversity of the region has been brought out by Gamble, 1915-1936; Nair & Daniel, 1986; Rao, 1984. Further, the same has been documented in several state and district floras of Tamil Nadu (Gamble, 1915-1936; Matthew, 1981-1984 & 1999). Diversity of medicinal plants studies has also been documented from various other parts of Indian sub-continent (Sharma & Thokchom 2014, Padhan & Panda 2016, Dwivedi & Salim 2016, Venkatesan *et al.*, 2018, 2019, 2023; Vijayashalini & Abirami 2018; Ansari *et al.*, 2023; Ahmed *et al.*, 2024). A perusal of the research literature reveals that diversity of medicinal plants studies among various forest areas have been reported from the different researchers but prior to that no study had been done on the exploration of diversity of Unani medicinal plants in Salem forest division, Salem District, Tamil Nadu.

### **Salem District**

The name Salem is derived from the word Sailam which means to the place surrounded by hills. Salem is a Geologist's paradise, surrounded by hills and having landscape dotted with hillocks. Salem has a vibrant culture dating back to the ancient Kongu Nadu. It is in the North latitude between 11° 14' and 12° 53', and East longitude between 77° 44' and 78° 50'. The total geographical area of the district is 5,20,530 hectares among these 125,682 hectares is covered by the forest. It is bounded by Dharmapuri district on the North, Namakkal district on the South, Erode district on the West and by Villupuram district on the East. The elevation of landscape generally ranges from 500 ft to 1200 ft. above msl, with the exception of Yercaud, which is at 5000 ft. above msl. Salem is the 5th largest city in Tamil Nadu locate at the bank of Thiru Manimuthar river. Local tradition claims Salem as the birthplace of Tamil poetess Awaiyar.

This district experiences low rainfall of 925 mm and having the semiarid climate. The temperature often exceeds 20° C. In the agriculture paddy, jowar, tapioca, sugarcane, groundnut and cotton are the major commercial crops. Horticultural crops like pineapples, mangoes, citrus fruits and brinjal are also cultivated. The district has reservoir of Magnesite, bauxite, quartz, limestone, soapstone, rough stone and granite are the minerals.

### **Salem Forest Division**

Salem forest division comprises of nine forest ranges which includes Vazhapady Range, Thambampatty range, Kalrayan range, Attur range, Yercaud range, Shervarayan North range, Shervarayan south range Danishpet range and Mattur range. But the survey team surveyed in six forest ranges *viz.*, Vazhapady range, Thambampatty range, Kalrayan range, Attur range, Yercaud range, Shervarayan North range. The Malayali tribal communities inhabited in the forest areas of all the ranges of Salem forest division. The tribal and rural communities of this district are basically farmers and economically belongs to backward status. They are also involved in collection of honey, bee wax and minor forest products and also engaged in the cultivation of paddy, sugarcane, tapioca, banana, coffee, pepper, millet, sorghum, turmeric, mango, vegetables, maize, groundnut, gingelly etc.

The Ethnobotanical survey was conducted in Vazhapady Range, Thambampatty range, Kalrayan range, Attur range, Yercaud range, Shervarayan North range, During the ethnobotanical survey programme, the survey team has surveyed

about twenty forest areas belongs to six forest ranges such Ananaivari Muththal, Pattimedu tribal colony, Kariyakoil, Moolapadi, Iyankaradu, Ramanathampalayam, Mamarathumadai forest areas in Attur range, Santhumalai, Pungan madavoo, Puthukadu forest areas in Vazhapady range, Pachamalai, Odai kadu, Kudalmalai, Naripadi, Nanalkarai forest areas in Thambampatty range, Karumanthurai, Theerthakarai, Killakadu, Periyakalvarayan, Maniyarkundam, Sellankurichi, Theakampattu forest areas in Kalrayan range, Manjanaththi, Vellaikadu, Semmanathai, Kottachedu, Koothumedu forest areas in Yercaud range, Bodhaikadu, Kombai, Arimalai, Vappampadi, Manjavadi forest areas in Shervarayan North range. In the field exploration activities, the survey team identified and collected medicinal plants explored in the Unani system of medicine and in the folk medicines.

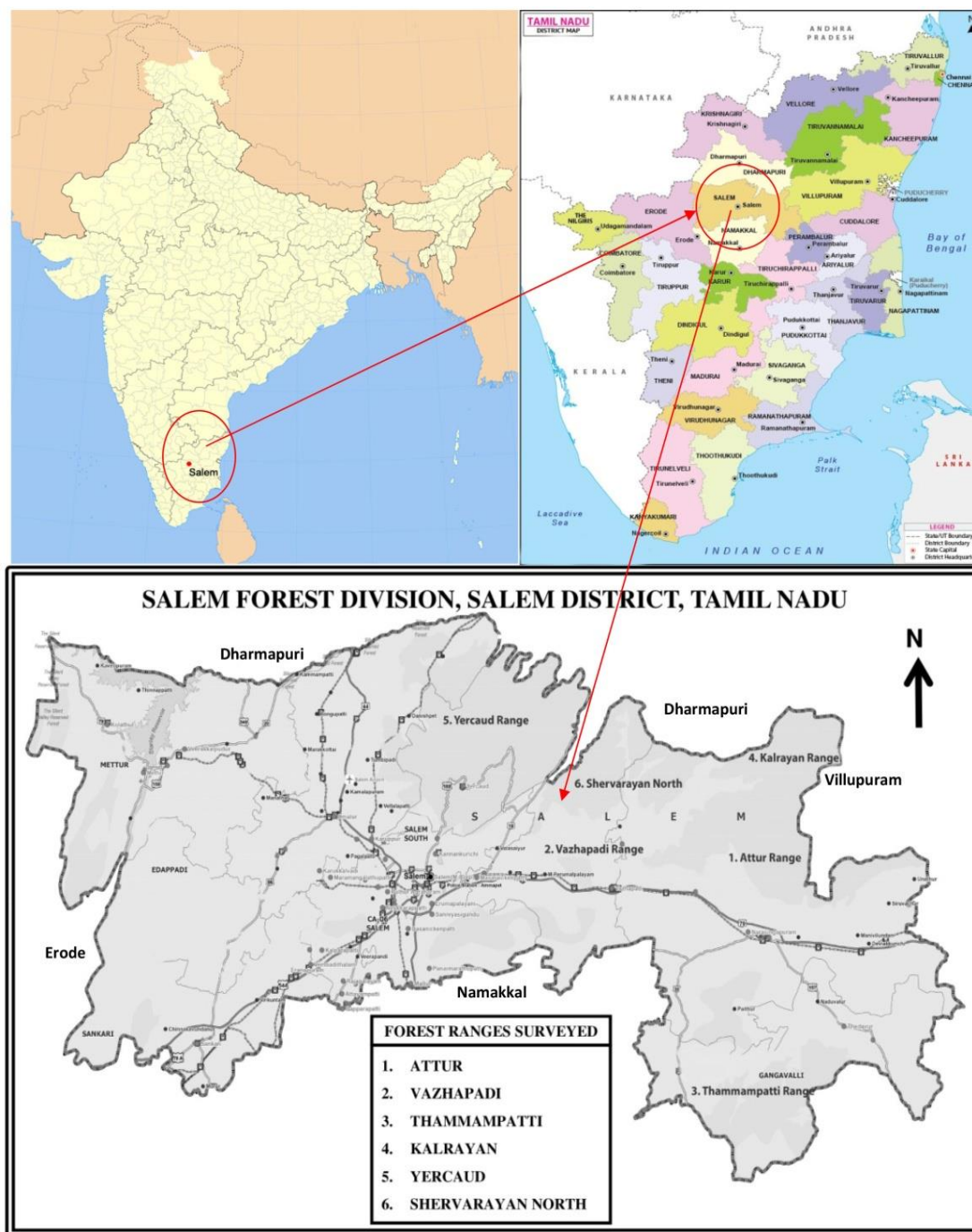


Figure 1: MAP showing the area of study of Salem forest division, Salem district Tamil Nadu.

**METHODOLOGY**

The study was conducted for a period of twenty days from 27<sup>th</sup> January 2020 to 15<sup>th</sup> February 2020 through the research team of survey of medicinal plants unit, Regional Research Institute of Unani Medicine under the CCRUM (Ministry of AYUSH) New Delhi, to collect information on diversity and status of Unani medicinal plants in the Kalvarayan and Shervorayans hills of Salem forest division, Salem district, Tamil Nadu (Figure 1). The collected Unani medicinal plant species were identified taxonomically using the Flora of Presidency of Madras (Gamble, 1936) and the Flora of Tamil Nadu Carnatic (Matthew, 1983) and Unani names were cross checked with already existing Unani literatures (Anonymous, 1981, 1987, 1992, 1997). The identified plant specimens were confirmed through referral tour programme with herbaria of Botanical survey of India, Coimbatore. The specimens were deposited in the herbarium of survey of medicinal plant unit, Regional Research Institute of Unani Medicine, Chennai. During the survey about 20 forest areas belong to 6 forest rangers were surveyed. During the field study about 262 species of plant specimens have been collected and identified. Among these 111 species of Unani medicinal plants were identified and documented. The botanical identity of all the plant species are identified with help of modern floras also. The plants were arranged alphabetically according to their botanical names with collection number, followed by family, Unani name, Local name, Habit, status and described based on their occurrence in the nature (Table-I).

**Table 1: List of Unani medicinal plants, their habit and status in Salem Forest Division, Salem District, Tamil Nadu, India.**

| S. No. | Botanical Name/Family Name/ Voucher  | Unani Name     | Local Name   | Habit  | Status |
|--------|--|----------------|--------------|--------|--------|
| 1      | <i>Abrus precatorius</i> L. / Papilionaceae / RRIUM CH: 13473                                | Gungchi        | Kundumani    | Twiner | C      |
| 2      | <i>Abutilon indicum</i> (L.) Sweet / Malvaceae / RRIUM CH: 13471                             | Kanghi         | Tuthi        | Shrub  | C      |
| 3      | <i>Acacia leucophloea</i> (Roxb.) Willd. / Mimosaceae / RRIUM CH: 13462                      | Kath           | Velvalam     | Tree   | C      |
| 4      | <i>Achyranthes aspera</i> L. / Amaranthaceae / RRIUM CH: 13431                               | Chirchita      | Nayuruvi     | Herb   | C      |
| 5      | <i>Aegle marmelos</i> (L.) Correa / Rutaceae / RRIUM CH: 13513                               | Belgiri        | Vilvam       | Tree   | C      |
| 6      | <i>Aerva lanata</i> (L.) Juss. / Amaranthaceae / RRIUM CH: 13426                             | Bisheri Buti   | Sirupellai   | Herb   | C      |
| 7      | <i>Alangium saviifolium</i> (L.f.) Wang. / Alangiaceae / RRIUM CH: 13653                     | Ankol          | alinjal      | Tree   | S      |
| 8      | <i>Albizia lebeck</i> Benth. / Mimosaceae / RRIUM CH: 13659                                  | Siras          | Vagai        | Tree   | C      |
| 9      | <i>Amaranthus spinosus</i> L./ Amaranthaceae / RRIUM CH: 13444                               | Chaulai Kharda | Mullu keera  | Herb   | C      |
| 10     | <i>Anacardium occidentale</i> L. / Anacardiaceae / RRIUM CH: 13522                           | Kaju           | Munthiri     | Tree   | C      |
| 11     | <i>Ananas comosus</i> (L.) Merr. / Bromeliaceae / RRIUM CH: 13537                            | Anannas        | Anachoazham  | Herb   | C & C  |
| 12     | <i>Andrographis paniculata</i> (Burm.f.) Nees. / Acanthaceae/ RRIUM CH: 13447                | Kalmegh        | Nilavambu    | Herb   | C      |
| 13     | <i>Anogeissus latifolia</i> (DC.) Wallich ex Guill. & Perr. / Combretaceae / RRIUM CH: 13403 | Dhawa          | Vet-kali     | Tree   | S      |
| 14     | <i>Argemone mexicana</i> L. / Papaveraceae/ RRIUM CH: 13443                                  | Satyanasi      | Piramathandu | Herb   | C      |
| 15     | <i>Artemisia nilagirica</i> (Clarke) Pamp./ Asteraceae / RRIUM CH: 13582                     | Nagdaun        | -            | Shrub  | C      |
| 16     | <i>Artocarpus heterophyllus</i> Lam. / Moraceae / RRIUM CH: 13525                            | Kathal         | Pilamaram    | Tree   | C      |

|    |   |                |                         |               |       |
|----|---|----------------|-------------------------|---------------|-------|
| 17 | <i>Bambusa bambos</i> (L.) Voss / Poaceae / RRIUM CH: 13641                         | Tabashir       | Moongil                 | Tree          | C     |
| 18 | <i>Bauhinia racemosa</i> Lam. / Papilionaceae / RRIUM CH: 13497                     | Kachnal        | Aathi                   | Tree          | C     |
| 19 | <i>Boerhavia diffusa</i> L. / Nyctaginaceae / RRIUM CH: 13410                       | Handakaku      | Mookerattai             | Herb          | C     |
| 20 | <i>Brassica nigra</i> (L.) K.Koch / Brassicaceae/ RRIUM CH: 13405                   | Khardal, Rai   | Kadugu                  | Herb          | C & C |
| 21 | <i>Bryophyllum pinnatum</i> (Lam.) Oken / Crassulaceae / RRIUM CH: 13474            | Zakhm-e-Hayaat | Kattipottal, kuttipodum | Herb          | R     |
| 22 | <i>Caesalpinia bonduc</i> (L.) Roxb. / Papilionaceae / RRIUM CH: 13442              | Karanjawa      | Kazharchikai            | Climber       | R     |
| 23 | <i>Cajanus cajan</i> (L.) Millsp. / Papilionaceae / RRIUM CH: 13434                 | Arhar          | Thuvarai                | Shrub         | C & C |
| 24 | <i>Calotropis gigantea</i> (L.) Dryand. / Asclepiadaceae / RRIUM CH: 13427          | Madar          | Eruakan                 | Shrub         | C     |
| 25 | <i>Capsicum annuum</i> L. / Solanaceae / RRIUM CH: 13472                            | Filfil-e-Ahmar | Milagai                 | Herb          | C & C |
| 26 | <i>Cardiospermum corindum</i> L. / Sapindaceae / RRIUM CH: 13415                    | Qil Qil        | Kattu Mudukathan        | Climber       | R     |
| 27 | <i>Cardiospermum halicacabum</i> L. / Sapindaceae / RRIUM CH: 13483                 | Qil Qil        | Mudakathan              | Climber       | C     |
| 28 | <i>Carica papaya</i> L. / Caricaceae / RRIUM CH: 13614                              | Papita         | Papaimaram              | Tree          | C & C |
| 29 | <i>Carissa carandas</i> L. / Apocynaceae / RRIUM CH: 13509                          | Karonda        | Kilakai                 | Shrub         | C     |
| 30 | <i>Cascabela thevetia</i> (L.) Lippold / Apocynaceae/ RRIUM CH: 13440               | Kaner          | Manjal arali            | Tree          | C     |
| 31 | <i>Cassia absus</i> L. / Caesalpiniaceae / RRIUM CH: 13623                          | Chaksu         | Nilavaram               | Creeping Herb | R     |
| 32 | <i>Cassia fistula</i> L. / Caesalpiniaceae / RRIUM CH: 13662                        | Amaltas        | Sarakondrai             | Tree          | C     |
| 33 | <i>Catharanthus roseus</i> (L.) G.Don / Apocynaceae / RRIUM CH: 13459               | Sadabahr       | Nithiyakalyani          | Herb          | C     |
| 34 | <i>Catunaregam spinosa</i> (Thunb.) Tirveng. / Rubiaceae / RRIUM CH: 13466          | Mayeenphal     | Karai                   | Tree          | C     |
| 35 | <i>Ceiba pentandra</i> (L.) Gaertn. / Malvaceae / RRIUM CH: 13556                   | Sembhai        | Elavampanchu            | Tree          | C     |
| 36 | <i>Cicer arietinum</i> L. / Papilionaceae / RRIUM CH: 13488                         | Nakhud         | Kondakadalai            | Herb          | C & C |
| 37 | <i>Cinnamomum tamala</i> (Buch.-Ham.) T.Nees & Eberm. / Lauraceae / RRIUM CH: 13597 | Saleekha       | Levangapathiri          | Tree          | R     |
| 38 | <i>Citrus limon</i> (L.) Osbeck / Rutaceae / RRIUM CH: 13498                        | Leemu Kaghzi   | Elumichai               | Tree          | C & C |
| 39 | <i>Citrus maxima</i> (Burm.) Osbeck / Rutaceae / RRIUM CH: 13536                    | Chakotra       | Narathangai             | Tree          | C     |
| 40 | <i>Citrus sinensis</i> (L.) Osbeck / Rutaceae / RRIUM CH: 13589                     | Thurang        | Sathukudi               | Tree          | C     |
| 41 | <i>Cleome gynandra</i> L. / Cleomaceae / RRIUM CH: 13430                            | Hulhul         | Kattukadugu             | Herb          | C     |
| 42 | <i>Cleome viscosa</i> L. / Cleomaceae / RRIUM CH: 13625                             | Bantakalan     | Naivalai                | Herb          | C     |
| 43 | <i>Clitoria ternatea</i> L. / Papilionaceae / RRIUM CH: 13499                       | Mazryoon       | Sangu poo               | Climber       | C     |
| 44 | <i>Coccinia grandis</i> (L.) Voigt / Cucurbitaceae / RRIUM CH: 13631                | Kanduri        | Kovai                   | Climber       | C     |
| 45 | <i>Coffea arabica</i> L./ Rubiaceae/ RRIUM CH: 13529                                | Qahwa          | Coffee                  | Shrub         | C & C |
| 46 | <i>Coriandrum sativum</i> L. / Apiaceae / RRIUM                                     | Kishneez       | Kothamalli              | Herb          | C & C |

|    |   |              |               |                   |       |
|----|---|--------------|---------------|-------------------|-------|
|    | CH: 13487   |              |               |                   |       |
| 47 | <i>Cuminum cyminum</i> L. / Apiaceae/ RRIUM CH: 13515   | Zeera Safaid | Seeragam      | Herb              | C & C |
| 48 | <i>Curcuma longa</i> L. / Zingiberaceae / RRIUM CH: 13413   | Zardchob     | Manjal        | Herb              | C     |
| 49 | <i>Cuscuta reflexa</i> Roxb. / Cuscutaceae / RRIUM CH: 13632  | Kasoos       | Ottuchedi     | Parasitic Climber | C     |
| 50 | <i>Datura metel</i> L. / Solanaceae / RRIUM CH: 13490   | Datura Siyah | Oomathai/     | Herb              | C     |
| 51 | <i>Euphorbia hirta</i> L. / Euphorbiaceae / RRIUM CH: 13610   | Dudhi Khurd  | Amman pachai  | Tree              | C     |
| 52 | <i>Euphorbia royleana</i> Boiss. / Euphorbiaceae / RRIUM CH: 13456  | Thuuhar      | Chaturakalli  | Shrub             | R     |
| 53 | <i>Gmelina arborea</i> Roxb. / Verbenaceae / RRIUM CH: 13609  | Badhara      | Kumizham      | Tree              | C     |
| 54 | <i>Gossypium herbaceum</i> L. / Malvaceae / RRIUM CH: 13412   | Pambadana    | Paruthi       | Shrub             | C & C |
| 55 | <i>Haldina cordifolia</i> (Roxb.) Ridsdale / Rubiaceae / RRIUM CH: 13645  | Kadamba      | Manjalkadambu | Tree              | S     |
| 56 | <i>Helianthus annuus</i> L. / Asteraceae / RRIUM CH: 13493  | Suraj Mukhi  | Suriyakanthi  | Shrub             | C     |
| 57 | <i>Hibiscus rosa-sinensis</i> L. / Malvaceae / RRIUM CH: 13494  | Gurhal       | Semparithi    | Shrub             | C     |
| 58 | <i>Hygrophila auriculata</i> (Schumach.) Heine / Acanthaceae / RRIUM CH: 13508  | Talmakhana   | Neermulli     | Herb              | C     |
| 59 | <i>Ipomoea nil</i> (L.) Roth. / Convolvulaceae / RRIUM CH: 13576  | Kaladana     | -             | Climber           | R     |
| 60 | <i>Jatropha curcas</i> L. / Euphorbiaceae / RRIUM CH: 13644   | Baghrenda    | Kattuamanaku  | Shrub             | C     |
| 61 | <i>Justicia adhatoda</i> L. / Acanthaceae / RRIUM CH: 13435   | Arusa        | Aduthoda      | Shrub             | S     |
| 62 | <i>Lablab purpureus</i> (L.) Sweet / Papilionaceae / RRIUM CH: 13640  | Lablab       | Avarai        | Climber           | C     |
| 63 | <i>Leucas aspera</i> (Willd.) Link / Lamiaceae / RRIUM CH: 13469  | Thumba       | Thumbai       | Herb              | C     |
| 64 | <i>Limonia acidissima</i> L. / Rutaceae / RRIUM CH: 13512   | Kaith        | Vilam maram   | Tree              | S     |
| 65 | <i>Macrotyloma uniflorum</i> (Lam.) Verdc. / Papilionaceae / RRIUM CH: 13422  | Kulthi       | Kollu         | Herb              | C&C   |
| 66 | <i>Magnolia champaca</i> (L.) Baill. Ex Pierre / Magnoliaceae / RRIUM CH: 13572   | Chamba       | Sambaga       | Tree              | R     |
| 67 | <i>Mallotus philippensis</i> (Lam.) Mull. Arg. / Euphorbiaceae / RRIUM CH: 13491  | Kamila       | Senthuram     | Tree              | R     |
| 68 | <i>Mangifera indica</i> L./ Anacardiaceae / RRIUM CH: 13530   | Aam          | Mamara        | Tree              | C     |
| 69 | <i>Manilkara zapota</i> (L.) P. Royen / Sapotaceae / RRIUM CH: 13485  | Cheque       | Sapota        | Tree              | C&C   |
| 70 | <i>Marsdenia sylvestris</i> (Retz.) P.I.Forst. ( <i>Gymnema sylvestre</i> (Retz.) R. Br.) / Asclepiadacea / RRIUM CH: 13526 | Gurmar Buti  | Sarkaraikolli | Climber           | R     |
| 71 | <i>Melia azedarach</i> L. / Meliaceae / RRIUM CH: 13628   | Bakiyan      | Malaivambu    | Tree              | S     |
| 72 | <i>Mimusops elengi</i> L. / Sapotaceae / RRIUM CH: 13460  | Mulsari      | Migalam       | Tree              | R     |
| 73 | <i>Moringa oleifera</i> Lam. / Moringaceae/ RRIUM CH: 13481   | Sahajana     | Murungai      | Tree              | C&C   |
| 74 | <i>Morus alba</i> L. / Moraceae/ RRIUM CH: 13570  | Tuut         | Mulberry      | Shrub             | R     |
| 75 | <i>Musa paradisiaca</i> L. / Musaceae / RRIUM CH: 13564   | Mauz         | Vazhai maram  | Tree              | C&C   |

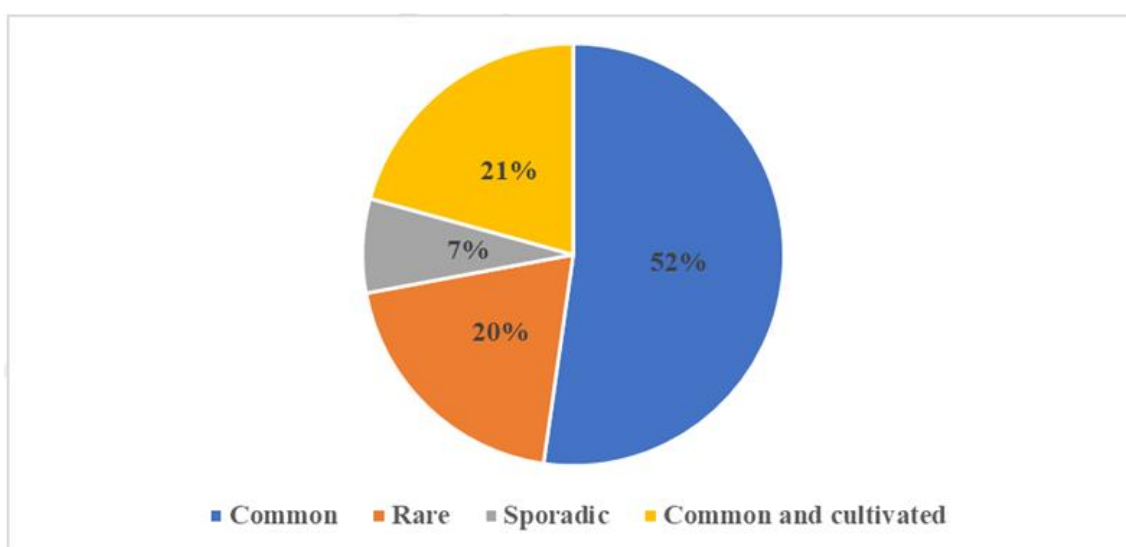
|     |  |                |                |         |     |
|-----|--|----------------|----------------|---------|-----|
| 76  | <i>Nerium oleander</i> L. / Apocynaceae / RRIUM CH: 13486                      | Kaneer         | Poo arali      | Tree    | C   |
| 77  | <i>Ocimum tenuiflorum</i> L. / Lamiaceae / RRIUM CH: 13433                     | Raihan         | Nalla Thulasi  | Herb    | C   |
| 78  | <i>Pavonia odorata</i> Willd. / Malvaceae / RRIUM CH: 13448                    | Nathirabala    | Peramutti      | Herb    | R   |
| 79  | <i>Phoenix sylvestris</i> (L.) Roxb. / Arecaceae / RRIUM CH: 13532             | Khajur         | Eacham         | Tree    | R   |
| 80  | <i>Phyllanthus amarus</i> Schumach. & Thonn. / Euphorbiaceae / RRIUM CH: 13470 | Bhui Amla      | Keezhanelli    | Herb    | C   |
| 81  | <i>Physalis angulata</i> var. <i>angulata</i> / Solanaceae / RRIUM CH: 13565   | Kaknaj         | Sodukuthakali  | Herb    | C   |
| 82  | <i>Piper betle</i> L. / Piperaceae / RRIUM CH: 13495                           | Paan           | Vettilai       | Climber | C&C |
| 83  | <i>Piper nigrum</i> L. / Piperaceae / RRIUM CH: 13518                          | Filfil Siyah   | Milagu         | Climber | C&C |
| 84  | <i>Plumbago zeylanica</i> L. / Plumbaginaceae / RRIUM CH: 13468                | Sheetraj Hindi | Kodiveli       | Shrub   | S   |
| 85  | <i>Plumeria rubra</i> L. / Apocynaceae / RRIUM CH: 13574                       | Gulchin        | Kalimandharai  | Tree    | S   |
| 86  | <i>Pongamia pinnata</i> (L.) Pierre / Papilionaceae / RRIUM CH: 13479          | Karanj         | Pungan         | Tree    | C   |
| 87  | <i>Portulaca oleracea</i> L. / Portulacaceae / RRIUM CH: 13634                 | Khurfa         | Parupukeerai   | Herb    | C&C |
| 88  | <i>Psidium guajava</i> L. / Myrtaceae / RRIUM CH: 13558                        | Amrood         | Koiya          | Tree    | C&C |
| 89  | <i>Punica granatum</i> L. / Punicaceae / RRIUM CH: 13492                       | Anar           | Madhulai       | Shrub   | C&C |
| 90  | <i>Rosa damascene</i> Mill. / Rosaceae / RRIUM CH: 13638                       | Gul-e-Surkh    | Irosa          | Herb    | C&C |
| 91  | <i>Rotheca serrata</i> (L.) Steane & Mabb. / Verbenaceae / RRIUM CH: 13546     | Bharangi       | Siruteaku      | Shrub   | R   |
| 92  | <i>Rubia cordifolia</i> L. / Rubiaceae / RRIUM CH: 13552                       | Majeeth        | Manjati        | Shrub   | R   |
| 93  | <i>Ruta graveolens</i> L. / Rutaceae / RRIUM CH: 13583                         | Sudaab         | Aruvatham      | Herb    | R   |
| 94  | <i>Santalum album</i> L. / Santalaceae / RRIUM CH: 13618                       | Sandal safaid  | Santhanam      | Tree    | R   |
| 95  | <i>Senna auriculata</i> (L.) Roxb. / Caesalpiniaceae / RRIUM CH: 13421         | Tarwar         | Aavaram        | Shrub   | C   |
| 96  | <i>Senna occidentalis</i> (L.) Link / Caesalpiniaceae / RRIUM CH: 13461        | Kasondi        | Paiavarai      | Herb    | C   |
| 97  | <i>Sesamum indicum</i> L. / Pedaliaceae / RRIUM CH: 13458                      | Kunjad         | Eallu          | Herb    | C&C |
| 98  | <i>Solanum americanum</i> Mill. / Solanaceae / RRIUM CH: 13478                 | Mako           | Manithakali    | Herb    | C   |
| 99  | <i>Solanum virginianum</i> L. / Solanaceae / RRIUM CH: 13476                   | Katai Khurd    | Kandankathiri  | Herb    | C   |
| 100 | <i>Strychnos nux-vomica</i> L. / Logoniaceae / RRIUM CH: 13441                 | Azaraq         | Yetti          | Tree    | R   |
| 101 | <i>Strychnos potatorum</i> L. fil. / Logoniaceae / RRIUM CH: 13438             | Nirmali        | Thetthamkottai | Tree    | R   |
| 102 | <i>Tamarindus indica</i> L. / Papilionaceae / RRIUM CH: 13439                  | Tamar Hindi    | Puliyamaram    | Tree    | C   |
| 103 | <i>Tectona grandis</i> Linn. f. / Verbenaceae / RRIUM CH: 13639                | Sagwon         | Theaku         | Tree    | C&C |
| 104 | <i>Tephrosia purpurea</i> (L.) Pers. / Papilionaceae / RRIUM CH: 13502         | Sarphuka       | Kolingi        | Herb    | C   |
| 105 | <i>Terminalia chebula</i> Retz. / Combretaceae / RRIUM CH: 13620               | Halela         | Kadukai        | Tree    | C   |

|     |  |                       |              |               |   |
|-----|--|-----------------------|--------------|---------------|---|
| 106 | <i>Tinospora cordifolia</i> (Willd.) Miers. / Menispermaceae / RRIUM CH: 13656 | Gilo                  | Senthil kodi | Climber       | R |
| 107 | <i>Toddalia asiatica</i> (L.) Lam. / Rutaceae / RRIUM CH: 13454                | Jangali Kali<br>Mirch | Milagarani   | Stragglers    | R |
| 108 | <i>Tribulus terrestris</i> L. / Zygophyllaceae/ RRIUM CH: 13429                | Khaar-e-Khasak        | Nerunjil     | Creeping Herb | C |
| 109 | <i>Vitex negundo</i> L. / Verbenaceae / RRIUM CH: 13503                        | Sambhalu              | Nochi        | Shrub         | C |
| 110 | <i>Wrightia laevis</i> Hook.f. / Apocynaceae / RRIUM CH: 13467                 | Inderjo Sheerin       | Veppalai     | Tree          | C |
| 111 | <i>Zizyphus mauritiana</i> Lam. / Rhamnaceae / RRIUM CH: 13465                 | Ber                   | Elanthai     | Tree          | C |

**Note:** C-Common, C&C: Common and Cultivation, R: Rare, S: Sporadic.

## RESULT AND DISCUSSION

In the present study 262 medicinal plants species were collected from Kalvarayan and Shervorayans hills of Salem forest division Salem district, Tamil Nadu. Among these plants 111 Unani plants species (Table-1) having 51 families and 105 genera were selected. In this explored plants species 58 were common, 22 were rare, 8 were sporadic and 23 species were common/cultivated (Fig.2 & Table 1) which covers 52%, 20%, 7% and 21 % of the collected plants. The species like *Ananas comosus* (L.) Merr., *Brassica nigra* (L.) K.Koch, *Cajanus cajan* (L.) Millsp., *Capsicum annuum* L., *Carica papaya* L., *Cicer arietinum* L., *Citrus limon* (L.) Osbeck, *Coffea arabica* L., *Coriandrum sativum* L., *Cuminum cyminum* L., *Gossypium herbaceum* L., *Macrotyloma uniflorum* (Lam.) Verdc., *Manilkara zapota* (L.) P. Royen, *Moringa oleifera* Lam., *Musa paradisiaca* L., *Piper betle* L., *Piper nigrum* L., *Portulaca oleracea* L., *Psidium guajava* L., *Punica granatum* L., *Rosa damascene* Mill., *Sesamum indicum* L. and *Tectona grandis* Linn. f. is found in cultivation activities in some part of the study area. It revealed that that these cultivated species are evidence for cultivation of some valuable medicinal plants in the study areas. This refers to the favour of climate and soil types for cultivation of medicinal plants.



**Figure 2: Analysis of Unani medicinal plants diversity status with respect to no. of species in the study area.**

At the family level species richness were analysed to detect the diversity of the medicinal plants. Among this, maximum number of medicinal plants species was recorded from Papilionaceae (11) followed by the 7 species in Rutaceae, 6 species in Apocynaceae, 5 species in Euphorbiaceae, Malvaceae and Solanaceae, 4 species in

Caesalpiniaceae, Rubiaceae and Verbinaceae, 3 species in Acanthaceae and Amaranthaceae, 2 species in Anacardiaceae, Apiaceae, Asclepiadaceae, Asteraceae, Cleomaceae, Combretaceae, Lamiaceae, Logoniaceae, Mimosaceaea, Moraceae, Piperaceae, and Sapotaceae. One species in Alangiaceae, Arecaceae, Bormeliaceae, Brassicaceae, Caricaceae, Convolvulaceae, Crassulaciaceae, Cucurbitaceae, Cuscutaceae, Lauraceae, Magnoliaceae, Meliaceae, Menispermaceae, Moringaceae, Musaceae, Myrtaceae, Nyctaginaceae, Papavaraceae, Pedaliaceae, Plumbaginaceae, Poaceae, Portulacaceae, Punicaceae, Rhamnaceae, Rosaceae, Santalaceae, Zingiberaceae and Zygophyllaceae (Fig. 3 & Table 1).

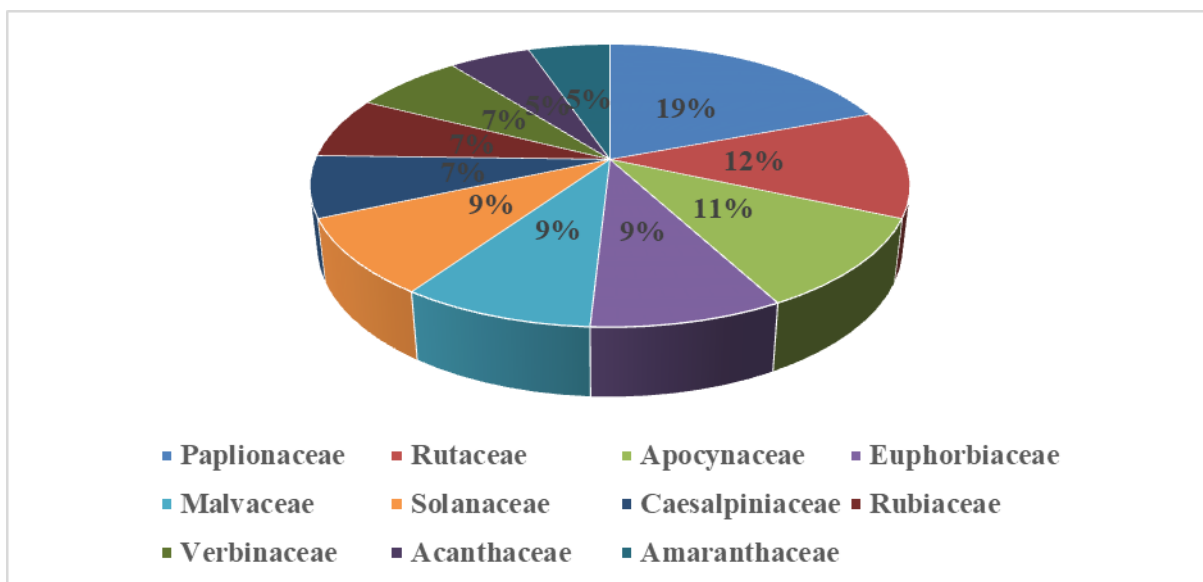


Figure 3: Analysis of Unani medicinal plants diversity status with respect to major family wise in the study area.

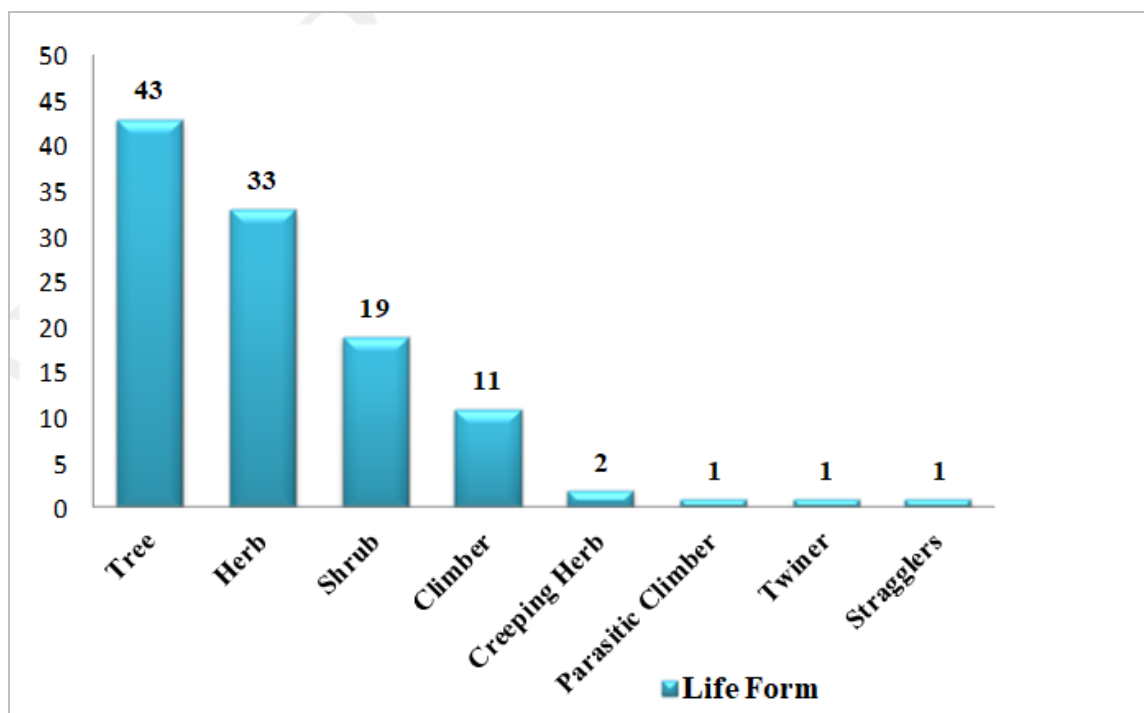


Figure 4: Analysis of Unani medicinal plants habit/life forms with respect to no. of species in the study area.

During the study on the basis of the life form in the study recorded 43 tree, 33 herbs, 19 shrubs, 11 climbers, 2 creeping herb, 1 parasitic climber, 1 twiner and 1 straggler species of the plants. (Fig. 4). In Unani system plants are the principal source of raw drugs for the preparation of the Unani medicine. The Unani medicinal plants are explored as single (Ilaj bil Mufrrad) and compound (Ilaj bil Murakkabat) drugs in the treatment of various ailments like arthritis, bars, boils, diarrhoea, dysentery, gastric ulcer, head ache, inflammation, jaundice, piles, sex related disorders, skin diseases, stomach disorders, urinary diseases and Women diseases etc. Medicinal plants are used comparatively frequently in healthcare procedures in developing nations. In addition to the traditional medical system, modern medicines based on natural products show promise in India. Hamilton claims that approximately 44% of India's flora is used medicinally (Hamilton 2008). With its vast natural vegetation, India is referred to as the "herbarium of the world" and is one of the twelve countries with the highest biodiversity in the world and home to four distinct "biodiversity hot spots". The medicinally used plants are falls under vulnerable, rare and sporadic category due to various external factors. These wild medicinal plants species which are available in the natural sources are recommended to the germplasm collection, to take up conservation and propagation activities seriously. Because due to various external factors many of the valuable plant species are under threat to become rare, endangered and some are on the verge of extinction. The demand for medicinal plants and their raw materials in India and around the world is growing annually, and the money made from growing these crops enhances farmer incomes and provides employment opportunities for people all year long. There is a pressing need to use press coverage, advertising, education, and scientific reports to popularize, raise awareness, and familiarize people with plant products as a preventative measure to preserve its population and the gene pool of these therapeutic plants for our coming generations. It can be concluded that these wild plant species should be conserved seriously and to be encouraged for large scale cultivation and to develop herbal gardens for medicinal plants in the suitable areas by adopting the modern agronomical techniques.

## CONCLUSION

Medicinal plants have long been regarded as a vital source of medicine, particularly for the Traditional Medical System (AYUSH System). Over time, people have come to understand their role in treating diseases permanently and at a reasonable cost. The state of medicinal plants is extremely concerning, and as the above illustration shows, they may become extinct in future. The traditional Unani formulas and medicines used to treat a wide range of illnesses, including lifestyle diseases like diabetes, heart issues, obesity, hypertension, and bronchial asthma, will be permanently lost if these crude drugs are not sustainably available. In order to preserve the plant's wealth, the government and different NGOs must step up and take on this crucial task. In order to conserve rare plants, efforts should also be made to find them in all parts of the nation. Because these priceless plants will soon be in danger, precautions must be taken to preserve their wealth. We can draw the conclusion that both protected and unprotected forests are essential for the preservation of plant diversity. Additionally, the national parks and sanctuaries will pave a way for the in-situ preservation of therapeutic plants.

## ACKNOWLEDGEMENT

The authors are grateful to The Director General, Central Council for Research in Unani Medicine (CCRUM), New Delhi for providing necessary facilities, and financial sanctions to conduct the study. I also would like to thanks Head of Institute, Regional Research Institute of Unani Medicine, Chennai, for providing fund and other facilities. I sincerely express my thanks to Principal Chief Conservator of Forest, Chennai, Conservator of Forest, (Salem Division), Salem District, District Forest Officer (Salem Division), Salem District, Forest Range officers, Foresters, Forest Guards and

Forest Watchers of concern forest ranges, Salem Division, Salem District for providing necessary guidelines and assistance in the forest areas during the survey programme.

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